## Tried and True Books to share with Gifted Parents



*Perfectionism – What's Bad About Being Too Good*. Miriam Adderholdt-Elliott, Ph D. Defines perfectionism and how to deal with it with children and adults.



The Gifted Kids Survival Guide – For Kids 10 and under. Judy Galbraith. This book is written for smart kids.



*The Everything Parent's Guide to Raising a Gifted Child.* Sarah Herbert Robbins. All you need to know to meet children's emotional, social, and academic needs.



When Gifted kids Don't Have All the Answers. How to Meet Their Social and Emotional Needs. Jim Delisle and Judy Galbraith. Offers proven, practical suggestions for encouraging social and emotional growth among gifted children and youth.



Parenting Gifted Kids. Tips for Raising Happy and Successful Children. Jim Delisle. Humorous, engaging look at raising gifted children. Practical, down-to-earth advice.



See Jane win – for Girls. Sylvia Rimm. A Smart Girl's Guide to Success.



The Survival Guide for Parents of Gifted Kids. Sally Yahnke Walker. How to understand, live with, and stick up for your gifted child.



*Raisin' Brains.* Karen Isaacson. Humorous, true, anecdotes on living life with gifted children and adults. Underlying the humor are unique insights about giftedness, motivation, perfectionism, and acceptance.